

## THE LONG-LASTING SOCK – Kate Atherley

### Choose the Right Size

Finished sock should be approximately 10% smaller in circumference than wearer's foot – measure around ankle or ball of foot. Fit in foot more important than fit in leg.

### Choose the Right Yarn

Look for non-merino wools blended with nylon, silk, mohair. Bluefaced Leicester ("lester"). Reinforcement yarns for embroidery or carry-along should be similar fibre blends.

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### Heel Stitch

#### **Even number of stitches:**

*All RS rows:* (Slip 1 purlwise wyib, k1) across.  
*All WS rows:* Purl.

#### **Odd number of stitches:**

*All RS rows:* K1, (slip 1 purlwise wyib, k1) to end.  
*All WS rows:* Purl.

### Eye of Partridge

#### **Even number of stitches:**

*Row 1 (RS):* (Slip 1 purlwise wyib, k1) across.  
*All WS rows:* Purl.  
*Row 3:* (K1, slip 1 purlwise wyib) across.

#### **Odd number of stitches:**

*Row 1 (RS):* K1, (slip 1 purlwise wyib, k1) to end.  
*All WS rows:* Purl.  
*Row 3:* Slip 1 purlwise wyib, (k1, slip 1 purlwise wyib) to end.

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### A Reinforced Heel Flap

*All RS Rows:* Slip 1 purlwise wyib, work reinforcement pattern to end.  
*All WS rows:* Slip 1 purlwise wyif, p to end.

### A Reinforced Heel Turn

Divide heel flap sts up into thirds: (X, X, X) OR (Y, X, Y).

*Row 1 (RS):* Work first 2/3rds of sts in reinforcement pattern, ssk, turn.  
*Row 2 (WS):* Sl 1 pwise wyif, purl X, p2tog, turn.  
*Row 3:* Sl 1 pwise wyib, work X sts in reinforcement pattern, ssk, turn.  
*Row 4:* Sl 1 pwise wyif, purl X, p2tog, turn.  
Repeat *Rows 3 & 4* until all sts have been worked.

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### Further Reading

<http://kateatherley.com/resources-for-knitters/>  
<https://www.moderndailyknitting.com/community/techniques-in-depth-how-to-make-socks-last/>

### Glossary

*SSK:* Slip 2 sts, one-by-one, knitwise; return them to left needle without twisting and knit them together through the back loop.

*Wyib:* With yarn held to back of work.

*Wyif:* With yarn held to front of work.